

Camp Hickory Hill
P.O. Box 1942
Columbia, MO 65205
info@CampHickoryHill.com

Dear Camper,
For over 50 years, Camp Hickory Hill for Diabetic Children has been welcoming new and returning campers to its beautiful 77-acre campsite.

For those who have been a part of Camp Hickory Hill in previous years, we thank you for your continued interest in the camping tradition at Camp Hickory Hill. If this is your first time as a camper, welcome. We will provide you with a safe environment, lots of fun, adventure, and excitement. But most importantly you will meet and make life-long friends all of whom experience many of the same things you do living life as a diabetic.

We have a complete medical team in camp at all times. Our staff members are also trained to help you enjoy this enriching experience to its fullest. So, get ready for some fun!

2025 Camp Dates are as follows:

Age applied on first day of camp!

**Ages 13 - 17
June 22-28**

**Ages 7 – 12
June 29-July 5**

**Check-IN 1pm - 3pm
Check-OUT 10am**

See you at camp,

Jessica

Jessica La Mantia Bernhardt
Camp Hickory Hill Camp Director

CAMP HICKORY HILL for DIABETIC CHILDREN 2025 CAMPER APPLICATION

You will find the following information and guideline pages (1 to 7) very helpful as you prepare for your camper to attend Camp Hickory Hill, PLEASE KEEP THESE PAGES!!!

The deadline for submitting the registration is July 1, 2025.

INFORMATION & GUIDELINES

2025 CAMPER FEES

The camp's actual cost is more than \$1,200 per camper.

The 2025 fee amounts are:

Family Annual Income	2025 Fee
<19,999	\$400
20,000-29,999	\$500
30,000-39,999	\$700
40,000-49,999	\$900
50,000-59,999	\$1000
60,000-69,999	\$1100
70,000>	\$1200

If the recommended fee poses concern, please see the Campership Application or email the Camp Director, Jessica Bernhardt, info@CampHickoryHill.com for arranging payment or ideas on generating funds. All diabetic children are welcome regardless of the fee their family is able to pay. Please include your fee amount with your camper's application. If plans change and your camper cannot attend, please notify us in writing at least 14 days prior to the start of your camper's session in order to receive a full refund.

All diabetic children are welcome regardless of the fee their family is able to pay. Please inquire about sponsorships or scholarships.

NON-DISCRIMINATION POLICY

Camp Hickory Hill does not discriminate based on gender, race, color, religion, national origin, age or any other protected class or status, except that (1) all campers (except children of staff) must have diabetes mellitus and be between ages 7 and 17 and (2) staff must meet minimum age requirements.

SERIOUS ILLNESS

During camp licensed medical personnel are on duty 24 hours a day. In case of a serious illness or accident, a member of the medical staff will notify the parents. If hospitalization is required, your camper will be taken to a hospital in Columbia, Missouri.

Note: Medical information on your camper will be available to the medical staff and will only be made available to other camp personnel (including your camper's counselor) as deemed necessary for the safety and well-being of your camper.

VISITORS

It is usually parents who are most prone to be "homesick." Campers, in the flurry of activities, quickly forget any initial feelings of homesickness. Please do not visit camp or phone your camper during the camping sessions. Feel free to phone the camp director in case of emergencies.

CAMP THEME

This year's camp theme is READY SET GLOW!!! So bust out the blacklight, glow sticks and wear your favorite NEON colors!!!

"G" RATED CAMP

We are a "G" rated camp and will not permit off-color language, shady references, inappropriate music, books, magazines, decorations or graffiti, tasteless clothing or inappropriate behavior. Campers are not permitted to "date" staff.

When choosing clothing remember: Clothing with alcohol, tobacco, illegal drug or similar logos or messages are not permitted. Staff and campers are expected to wear appropriate clothing with limited exposure. What the appropriate clothing is will be at the discretion of the Executive Committee.

MAIL TO CAMPERS

Please address mail to campers to:

[Camper's Full Name]
Camp Hickory Hill
P.O. Box 1942
Columbia, MO 65205

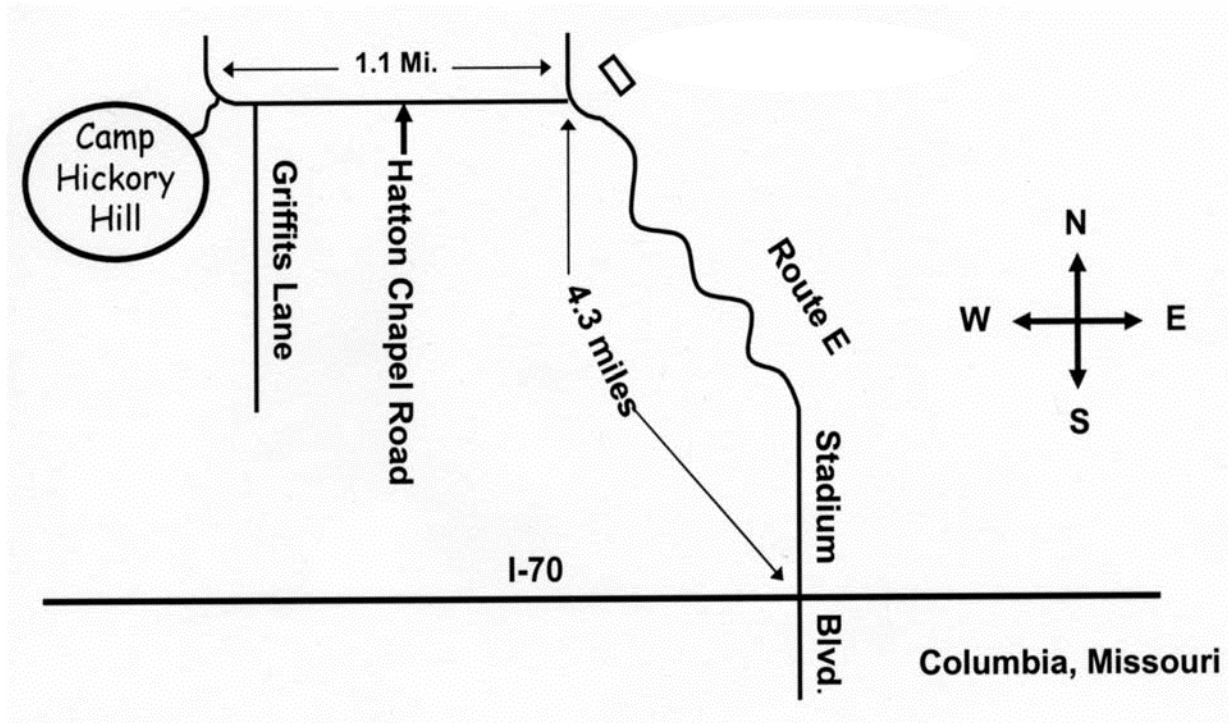
EMAIL TO CAMPERS

CHHCamperEmail@gmail.com
Subject: [Camper's Full Name]

MAP & DIRECTIONS

5990 W Hatton Chapel Rd, Columbia, MO 65202

Camp Hickory Hill is located 5 miles NW of Columbia, MO. From I-70, exit at Stadium Blvd. (Exit #124). Go north 4.3 miles on Stadium Blvd. (Stadium Blvd. changes names to Route E in the first mile.) Turn left on Hatton Chapel Road. Go 1.1 miles west along Hatton Chapel Road to the camp sign and gate on your left.



▶▶▶▶ **YOUR PHYSICAL EXAMINATION FORM!!** ◀◀◀◀

In order to meet the standards of the American Camp Association, we must have your camper's completed physical examination form when your camper checks in on arrival day. We suggest that you make a copy of this completed and signed form, send us the original, and bring the copy with you to camp. **You will not be accepted as a camper until we have this completed form.** Please avoid needless frustration by getting this form to us on or before arrival day.

BE SURE TO BRING WITH YOU TO CAMP:

1. Blood glucose meter
2. Test strips
3. Non-diabetes medications
4. If you use an insulin pump, bring extra reservoirs, infusion sets & serter

If you have any problems, concerns, or questions regarding any of the above please write or email:

Dr. Michael Gardner
Medical Director
Camp Hickory Hill
P.O. Box 1942
Columbia, MO 65205
info@camphickoryhill.com

If you are unable to obtain some or all of these supplies, contact us. We are here to help. We want to do whatever it takes to make it possible for your camper to attend Camp Hickory Hill. We may be able to help you obtain some of these supplies.

**INSULIN, SYRINGES, ALCOHOL WIPES AND SAFETY DISPOSAL
CONTAINERS ARE ALL PROVIDED BY CAMP HICKORY HILL.**

RECOMMENDED ITEMS FOR CAMP

Campers should have sufficient clothing for 7 days at a time. Campers will have laundry service twice each camp session. Please label all pieces of clothing with the camper's name.

Suggested items include:

- Toiletries (deodorant, shampoo, toothpaste, toothbrush, etc.) ***
- Laundry bag
- Flashlight

- Blankets & 2 sheets sets (**If recent episodes of bedwetting, please send extra bed sheets**)
- Pillow & pillowcase
- Sleeping bag

- 3 bath towels
- 2 washcloths
- Large beach towel

- Swimsuit

- 10-12 shirts or tee shirts
- 2 pairs jeans/sweats
- 7 pairs shorts
- 10 pairs of underwear
- Pajamas
- Jacket or sweatshirt
- Raincoat/poncho
- Hat/visor/sunglasses/**sunscreen*****
- Old clothes, old sneakers and boots for the mud pit and cave (Don't Forget These!!)

- 7-10 pairs of socks
- 2-3 pr. sneakers (& hiking shoes, if you have them)

No need to buy these items for camp. But bring them along if you already have them.

- Softball glove
- Fishing equipment
- Musical instrument
- Insect repellent***
- Water shoes (aqua socks)

Please label all personal items with the camper's name. The camper assumes sole responsibility for articles brought to camp.

The following will NOT be permitted at Camp: CELL PHONES, cameras and portable gaming stations.

- Cell Phones will be permitted as a medical device with a signed CHH Cell Phone Policy.
Please contact Jessica Bernhardt if you have any questions (Jessica@CampHickoryHill.com)

Thank you for your help with this. Any of these items brought by your camper will be confiscated.

***** FOR SAFETY REASONS, AEROSOL CANS ARE NOT ALLOWED.**

Please bring any such items in pump spray bottles.

Camp Rules

The Board of Directors has established the following rules for the health, safety and wellbeing of everyone at Camp Hickory Hill (CHH). Failure to follow these rules will be dealt with by the Camp's Executive Committee and may result in dismissal from camp.

1. No animals or pets are to be on campgrounds for any reason, even at check-in and check-out, unless authorized by the camp director.
2. Matches, candles, fireworks and all other flammable materials are prohibited.
3. All firearms, ammunition, and knives are prohibited
4. Tobacco products, alcohol and illicit drugs are strictly prohibited. Any prescription or "over the counter" medications the camper may be taking are to be turned over to the medical staff upon arrival at camp.
5. Camp Hickory Hill strictly prohibits any battery powered e-cigarettes, vaporizers, vape pens, atomizers and electronic nicotine delivery systems.
6. All food & beverages, except those provided by CHH, are prohibited. Sugarless gum is permitted.
7. Rappelling, lake-front, mud pit, challenge course and zipline areas are prohibited after dark.
8. Lake-front, swimming pool, cave, zipline, challenge course, mud pit and rappelling cliff are off limits except when supervised by authorized staff.
9. Follow the posted swimming pool rules while at the pool, as well as the lifeguard's rules.
10. No camper/CIT is to leave the campgrounds unless approved by the Camp Director or Medical Director.
11. All maintenance equipment is off limits to all campers at all times.
12. Except when supervised by authorized staff and approved in advance by the Camp Director, male campers may not be in the girls' area of camp and female campers may not be in the boys' area of camp.
13. The Needle Shack (infirmary) is off limits to all campers unless there for medical reasons. The kitchen is off limits to all campers unless approved by the kitchen staff.
14. Any camper bringing a vehicle to camp will park it in the designated area and will turn all keys over to the Camp Director immediately upon arrival at camp.
15. Campers may not make or receive telephone calls while at camp except with the Camp Director's approval.
16. No camper may bring their own camera to camp; however pictures can be taken with official camp cameras.
17. Camp Hickory Hill has a zero-tolerance policy for bullying.
18. **Camper's CELL PHONES are PROHIBITED.**